

Excision and Closure Post-Operative Care

- Schedule your post-op appointment 7-10 days after the procedure.
- You may resume all medications as per your medical doctor.
- After surgery, take your medications as prescribed. Having some pain and soreness is normal, but if you have any concerns please call the office.
- The steri-strips are the thin bandages covering your incisions, this protects the surgical site and they will remain stuck on for a few weeks. If they accidentally fall off it is ok to cover the incision with a normal bandaid.
- Make sure you get up at least every 2 hours after surgery to prevent blood clots and complications.
- Continue all normal activities with the exception of no strenuous exercising for the first month.
- Shower 2 days after the surgery, let the water and soap gently run over the area and pat the steri-strip dry.
- If you have a fever, or any new unusual redness/swelling/discharge, please call the office at 201-289-5551.